# DRAGON MOSQUITO CONTROL, INC. P.O. Box 46, Stratham, NH 03885

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# **April Update**

Dragon crews began checking marshes, swamps, woodland pools and other wetlands for larval mosquito activity during the second week of April. The safety of our personnel is in the forefront of our minds as the latest news reports too many innocent people being shot knocking on the wrong door or pulling into the wrong driveway. In an attempt to avoid uncertain situations, we won't be checking sites without reconnecting with landowners. If we haven't touched base with you this season, please contact us through our website or call to provide permission to check your wetlands. If we need to knock, rest assured that we aren't trying to sell you anything. This service is funded by the town. Our crews are driving white trucks identified with Dragon on the door, usually wearing blue shirts and carrying ID badges.

#### This season, Dragon has:

- Received the State Special Permit for mosquito control
- Distributed Public Notices
- Sent certified letters to State registered beekeepers
- Updated the No-spray registry for your town
- Received permission from the NH Dept. of Agriculture to start controlling mosquitoes
- Checked wetlands for mosquito larvae and treated when necessary with Bti

Homeowners can assist in reducing mosquito populations. Eliminate places where mosquitoes breed throughout spring and summer by emptying containers that hold water such as buckets, wheelbarrows, pool covers, tarps, toys, trash barrels, canoes and boats. Changing the water in your birdbath every few days will also make a difference. Visit our website to read more about what we do at <a href="https://www.dragonmosquito.com">www.dragonmosquito.com</a> or click on the link <a href="https://www.dragonmosquito.com">DragonMosquitoControl</a> to follow us on Facebook.

We know mosquitoes aren't the only concern as the weather warms and summer approaches. Mild winters enhance tick survival and may account for a rise in tick related diseases. Recent studies confirm ticks are showing up a little earlier each spring and 40% of blacklegged ticks (deer ticks) in New Hampshire carry at least one disease. Find information on ticks, diseases they carry, precautions to take and links to more information on our Tick Prevention sheet included with this update.

# TICK PREVENTION

#### Introduction

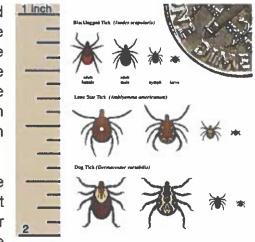
Over 250,000 cases of Lyme disease have been reported in the US in the last decade. Lyme and other tick diseases are spread to humans and animals by the bite of an infected tick. In New Hampshire, and across the United States, Lyme disease is the most commonly reported tickborne disease. Anaplasmosis, Babesiosis and Powassan Virus are transmitted by ticks and have been documented in New Hampshire.

- Over the past two decades, seven new tick diseases have been identified in the US.
- In 2021, the CDC reported that New Hampshire is one of the places with highest incidence of Lyme disease, Anaplasmosis, and Babesiosis in USA.
- Reported cases capture only a fraction of the overall number of people with illnesses caused by tick bites.

#### Ticks and Diseases

Lyme disease, Anaplasmosis, Babesiosis and Powassan Virus are transmitted by the bite of the blacklegged tick (or deer tick). Blacklegged ticks have four life stages: eggs, larvae, nymphs and adults. The blacklegged tick nymphs are most active in the late spring through summer months (usually May through August) and are the most likely to infect humans with tickborne diseases.

The Lyme disease bacterium and Babesia parasite are spread through the bite of infected ticks. In most cases, the tick must be attached for 36 to 48 hours or more before the bacterium or parasite can be transmitted.



Cases of babesiosis rose by 25% from 2011 to 2019, causing the CDC to add three states, Vermont, Maine and New Hampshire, to the list where the illness is considered endemic.

Powassan Virus (POW) is spread to people by infected ticks. A tick needs to be attached to a person for only 15 minutes to transmit Powassan Virus. In the last decade, 202 cases of POW have been detected in the United States. New Hampshire has identified five human cases since 2013 in Dover, Kingston, Newton, and Hooksett.

### Prevention

- Wear light colored clothing
- Tuck your shirt into your pants and your pants into your socks
- Treat your clothing and gear with 0.5% Permethrin or buy clothes that are pretreated such as Insect Shield or No Fly Zone
- Use an EPA registered insect repellent. Find options at Repellent Search Tool

- Avoid tall grassy areas and walk in the middle of trails
- Check your clothing for ticks
- Examine your gear and pets
- Shower soon after being outside
- Check your skin and scalp for ticks
- Create a tick free zone in your yard
  - Remove leaf litter
  - Clear tall grasses and brush around homes and at the edge of lawn
  - Place a 3-ft wide barrier of wood chips or gravel between lawns and wooded areas to restrict tick migration into recreational areas
  - Mow the lawn frequently
- Use pesticides to reduce ticks in your yard
  - Follow the label
  - Spray in the evening and avoid spraying flowers to protect bees
  - If you have your yard sprayed by professionals, educate yourself on the products and methods they are using

## Dogs

- The most important tickborne diseases that affect dogs are Lyme disease, Ehrlichiosis, Anaplasmosis, Rocky Mountain Spotted Fever and Babesiosis
- All of the above can have serious health consequences for dogs
- Use a veterinary approved tick prevention
- Vaccines are available for Lyme disease
- Regularly inspect your dog
- Remove ticks quickly

#### Resources

Find shareable resources at <u>Tick Free NH</u>

UNH Cooperative Extension's tick fact sheet at **UNH Fact Sheet** 

The Centers for Disease Control and Prevention website Ticks | CDC

A Tick Management Handbook is available at <u>Tick Management</u>



