



The Town of Newington E-Newsletter includes information about Town-sponsored events, projects, and special announcements. Visit www.newington.nh.us to join the distribution list, or to be removed.

Board of Selectmen

Bob Blonigen, Chair
 Brandon Arsenault
 Christian Wayss

The Town Hall will be closed on Friday, November 10th in celebration of Veteran’s Day and Thursday & Friday, Nov. 23 & 24 in celebration of Thanksgiving.

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Upcoming Meetings:

11/7/2023	Board of Selectmen	5: 30pm	Town Hall
11/7/2023	Recreation Committee	5:30pm	Langdon Library
11/9/2023	Conservation Commission	6:30pm	Town Hall
11/14/2023	Police Commission	4pm	Police Station
11/15/2023	Sewer Commission	9am	Wst. Water Trtmt. Facility

The Town Clerk/Tax Collectors office will be modifying our hours for Thanksgiving week. We will be open Monday 11/20/23 and Tuesday 11/21/23. Closed Wed 11/22/23-Friday 11/24/23. We will resume our normal hours the following week open Tue. Wed. and Thu. 9am-2pm or by appointment.

HAPPY THANKSGIVING TO ALL!

Recreation Committee Newsletter

Hello Newington Residents!

Paint Night was a great turnout!! As you can see from the pictures, we made pumpkins for our painting night. If you want to sign up for the next craft night, it is pottery painting class on November 9th. The Wreath class is pretty much full, but if you sign up and pay at the town hall we will guarantee a space for you in class. Classes are each \$30. Supplies and materials needed are included in the price. The committee will also have snacks, juices, and water available.



Coming in December is pictures with **Santa** from 2:30pm until 4:30pm on Saturday the 9th. Santa says he will be coming to the **Holiday Party**, which will start at **1pm**. Come for coffee and some snacks. Will have music and other surprises for adults and children.

January/February will have yoga classes, exercise classes (Get fit with Tia). Asian cooking with Sophie. Look out for our First Aid Skills class being offered soon.

We still have Newington Walking Club running strong on Monday's at 4:30 rain or shine. Group meets at the library.

Also going strong is Newington Pick-up Tennis from 10am until noon. The months of October and November.

Getting back to our recent activity, the Historical Trolley Ride. The first time ever, we offered three trolley rides which were fortunately on a beautiful, sunny fall weekend. Another first this year, the committee was able to work with the Historical Parsonage House. Thank you, Laura, and Peggy, for opening the Parsonage House. Hope to do this event the same way or better for next year.



Septemberfest/Octoberfest was finally held at fox point! We had bounce houses, pony rides, music, and plenty of delicious food to enjoy. Kids and the adults joined in and decorated pumpkins. Ice cream was awarded to all participants. Thank you to everyone who worked hard getting the supplies, setting up the grills, cooking the hotdogs, chicken, and hamburgers. Also, to everyone that brought desserts, side dishes, and appetizers. Lots of work made easy with lots of helpers!!!! Thank you again!





Bounce House!



Clean up Crew!



Newington Fire & Rescue

And in the blink of an eye, October is over and November is here. Although the warm weather didn't seem to want to let go there at the end, the colder temperatures are surely here. With the leaves still falling, make sure to clear your steps and walkways to prevent falls when they become wet and/or layered. As a reminder, if you are going to be burning any brush from around your yard you will need a burn permit. There are 3 simple ways to get one: swing by the fire station and we can write you one at no charge, call the fire station if you are not able to swing by and we can come out to you and write you the permit also at no charge, or you can use the following link through the states website <https://nh.burnsafeamerica.com> and obtain it online but there is a fee charged by the third party service for the site. The website also has a great "frequently asked questions" section towards the middle of the page if you have any questions. If you still have any questions about the rules of kindling a fire or need some clarification, just give the fire station a call at (603) 436-9441 x3 and we will be happy to answer any questions you may have.

Around the station things continue to be busy. We continue to be steady with calls for service and fire inspections. Our holidays spot inspections will be ramping up shortly and continue throughout the holiday season at all of our retail stores and shops. These spot inspections are done to ensure that any holiday décor is appropriately located, powered, and secured. Any existing and extra merchandise brought in is stored properly and is not blocking/reducing any aisleways, fire exits, sprinkler heads or standpipe connections and the like. These spot inspections happen almost daily during the holidays as Newington has many retail shops and stores, both large and small.

Last couple of things:

November 5th, change you clocks, change your batteries. If you or someone you know needs any help with your smoke or CO detectors, please let us know, we are here to help.

Its budget time for all town departments. If you should have any questions about anything to do with the FD budget, or just the department in general, please feel free to reach out to me or stop by and grab some coffee and chat.

As always, we are here and available if you have any needs or questions. Stay safe.

E.J. Hoyt
Fire Chief
436-9441 x6
ehoyt@newingtonfire.org

PUT A THERMOMETER ON **FREEZE** WINTER FIRES

Home fires occur more in winter than in any other season. As you stay cozy and warm this winter season, **be fire smart!**

Half of all home heating fires occur in the months of



Keep portable generators outside, away from windows, and **as far away as possible from your home.**

Install and test carbon monoxide alarms at least once a month.



Have a qualified professional clean and inspect your chimney and vents **every year.**

Heating equipment is involved in **1** in every **7** reported **home fires** and **1** in every **5** home fire deaths.

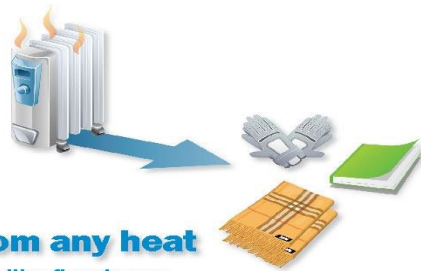


Store cooled ashes in a tightly covered metal container, and keep it outside at least **10** feet from your home and any nearby buildings.



Keep anything that can burn at least

3 feet from any **heat source** like fireplaces, wood stoves, radiators, or space heaters.



Plug only **1** **heat-producing appliance** (such as a space heater) into an electrical outlet at a time.



For more information on how to prevent winter fires, visit www.usfa.fema.gov/winter and www.nfpa.org/winter.



Change Your Clocks / Change Your Smoke & CO Detector Batteries

When it's time to "spring forward" or "fall back" and change your clocks, make sure to change the batteries in all of your smoke alarms. If batteries were recently changed, it's still very important to conduct your monthly test of your smoke alarms. It could save a life!



Did you know that having a working smoke alarm reduces a person's chance of dying in a fire by half?

For the best protection, install smoke alarms on every level of your home, outside every sleeping area, and in every bedroom. Smoke alarms should be mounted high on walls or ceilings and tested monthly. You should also have a properly working Carbon Monoxide detector on each level of your home.



It's important to replace smoke alarm batteries at least once a year, unless they're 10-year lithium batteries. Even if your smoke alarms are hardwired, replace the batteries in case of a chirping sound or a power outage.

Reminder: Smoke alarms do not last forever. The maximum life span is 10 years. After that time, the entire unit should be replaced. If the unit does not respond properly when tested, it should be replaced immediately.

Help your smoke alarm remain sensitive and ready to protect you by gently using a vacuum cleaner once a month to remove dust and cobwebs. If your Smoke Alarms have been accidentally painted or contaminated, replacement may be necessary.

As always, if you have a question, concern, or need a hand, give the fire station a call or swing by.



Brittany views Natalie Marquis' Wild and Whimsical Spirit Animals display at the library in October.

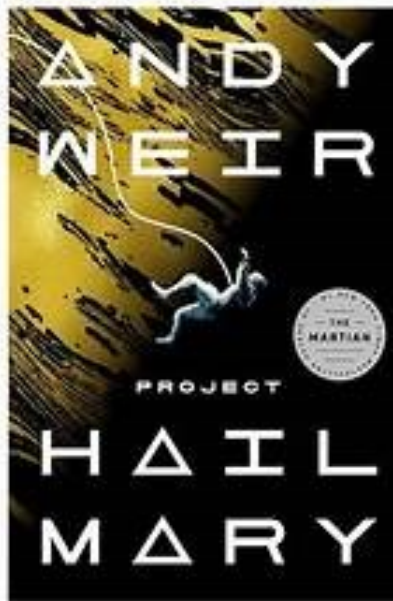
November is National Family Caregiver Month. Who are Family Caregivers? A family caregiver is anyone who provides regular care for a relative, a partner or a friend. For many it is a labor of love, but it can also be physically and emotionally demanding. On Weds. Nov. 15 from 2:30 to 4 PM, Cornerstone VNA will host a "Pop Up" Caregiver Café at the Langdon Library, to provide support, education and conversation. Please register by letting the library know if you plan to attend.

November Programs:

Tech Talk with Randall Bush: Weds., Nov. 8 at 2:30 PM.

Writing Group: All ages are welcome to join us for the writing prompt “If your life was suddenly a hit reality television show, what would it be called and what would viewers say about it?” and (optional) share, on Weds., Nov. 8 at 6 PM.

Hear from Our Veterans: The October Book discussion of *Tribe* by Sebastian Junger inspired us to host a Veterans Day program for veterans and their relatives to gather with interested members of the community to talk about their experiences in the service. This event will be held on Fri., Nov. 10 at 2 PM. Light refreshments will be served. Please RSVP so we can prepare a large enough space. This is intended to be a forum for veterans to connect with each other and be heard by their community. Attendees should come prepared to listen respectfully.



Book Group: November books are available at the library and the eBook is available on Libby. This month's book is [Project Hail Mary](#) by Andy Weir, author of 2011's popular novel *The Martian*. Weir's novels are characterized by in-depth explanations of the science involved in their plots, which somehow do not prevent the books from being compellingly readable and even fun. Discussions will be Fri., Nov. 17 at 10:30 AM and/or online at <https://www.langdonlibrary.org/category/blog/>. Ask the library for the password. New adult and teen participants are always welcome, and refreshments will be enjoyed.

Story Times: There will be no Story Time on Friday, Nov. 3, but preschoolers and their caregivers are welcome to come to the library at 11 AM to play and connect with other families.

Mini Golf, Tuesday, Nov. 13 at 1 PM

Game Night, Tuesday, Nov. 14 at 6:30 PM

Craft Night, Tuesday, Nov. 21 at 6 PM. Book Shelf Nooks. All ages welcome.

Lego Night, Tuesday, Nov. 28 at 6 PM.

Puzzle Swap, Weds., Nov. 29 at 5:30 PM



Thank you to [Natalie Marquis Art](#) for displaying your beautiful work at the library this month. We look forward to a display from [Allison Donohue](#) in November.

See you at the library!

Lara, Theresa, Brittany and Debbie

www.langdonlibrary.org

LIBRARY CLOSED: Saturday, Nov. 11, Thursday, Nov. 23, Friday, Nov. 24.

Next Library Trustee Meeting: Thursday Nov. 30, 5:30 PM at the library

September 2023 Library Usage Statistics

Checkouts	Visits	NH Downloadables	Hoopla Digital	Room Use	Program Attendance	Interlibrary Loan (To and From)
585	436	240	80	3144	68	93



POLICE DEPARTMENT

The police department has updated their email addresses to .gov. Our old email addresses will still work. However, if sending an email, you will get notified of the change.

And just like that, the weather turned cold. Happy November Newington!!

I remember the day when Halloween was one day, running around with a plastic mask, which held the sweat from your face, Eye holes that never lined up, constantly having to adjust your mask to see, and the plastic-colored trash bag over your clothes, that distinguished what character or superhero you were.

Now we have several events leading up to Halloween Night! Don't get me wrong, I do love this time of year and we at the PD get the opportunity to partake in several "Trunk or Treats." This year we were invited to the Air National Guard for "Trunk or Treat." Sorry no pictures, but I will say, Next year we will have to step up our game to compete.

The holidays season is upon us. As many of us enjoy this time of year, there are some who are facing difficult times. I want to write about wellness for you, your family, friends, and your neighbors. Not everyone finds this time of year joyous with celebration. This is the time of year first responders deal with individuals with depression. Millions of Americans suffer from depression over the holidays due to isolation or the loss of loved ones.

If you or a family member are suffering from Holiday Depression, take the time to talk to someone. Make that phone call or make the impromptu visit to the person you know who is alone. Make that personal connection we often throw to the side because our faces are buried in our phones on social media.

The Newington Police Department is here for you. If you need help, give us a call. If you are seeking help for someone else, give us a call. No judgement here! We can provide the resources needed. We are great listeners if you want to talk.

988 is a Suicide and Crisis Lifeline if you need to call, text or chat.

Statistics as of October 30th.

Motor vehicle stops	125	Summons/warnings issued
Accidents	11	Reports taken
Incidents/calls for service	29	Reports taken
Arrests	10	Felony/Misdemeanor offences
Field Interviews	2	Suspicious person(s)
Warrants	4	Felony/Misdemeanors

If you have any questions or concerns, please do not hesitate to give me a call 431-5461 or send me an email; mbilodeau@newingtonnhpolice.gov Not the change in email.

Be safe and healthy!!

Chief Michael Bilodeau

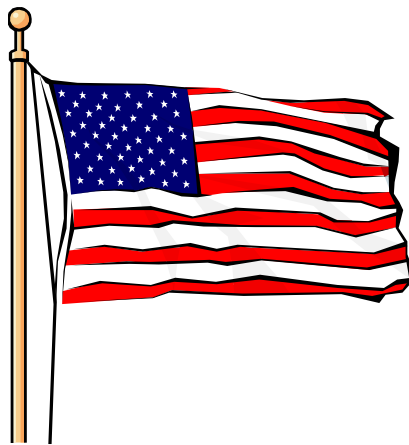
On Wednesday, October 15th, 2009, at 8:00am, a segment on Good Morning America featured an interview with a soldier returning from Iraq. He was just coming home from serving a year with the National Guard.

The day before his interview, he was reunited with his wife and children shown through some very touching photographs.

When asked about his observations, he stated he was blown away with his experience and went on to say the following.

“After making approximately 5 stops on the way home, the first place we touched down in the US was Pease Air Base. Looking out the window, my group was immediately greeted by over 100 civilians and veterans on the gangway – veterans that had served in different wars, some from the greatest generation. They wore VFW hats and displayed medals – the welcome was over whelming and over powering and the greatest reminder of truly what an incredible country we serve.” He went on to say that “be it 4:00 in the morning or when ever - they are always there offering hugs and true support.” He said “I didn’t need to be reminded how remarkable this country was after viewing this group at Pease and I couldn’t be prouder as there wasn’t a dry eye in sight.”

So to those individuals who stand on that gangway – We too, couldn’t be prouder.



HAPPY VETERANS' DAY



Crack sealing Shattuck Way was finished in October

Hours of Operation: Town Offices - Mon - Fri. 9 - 4:30pm (436-7640)
Town Clerk/Tax Collector: Tuesday through Thursday 9am-2pm
Building Dept. - Mon - Friday 7:30am- 3:30pm
Planning Dept. - Monday & Thursday 9 - 4:30pm (Planner by appointment)
Transfer Station: Wed 5 - 7pm, Sat 9 - 3pm

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WOULD YOU PREFER TO GET A PRINTED COPY OF THE NEWSLETTER MAILED TO YOU?

Just call the town hall and we will put you on our mailing list (603-436-7640 ext 4)